



ONTRACK

STUDENT ACTIVITY

How do you learn best? Knowing your learning style will help you know how to best study and remember things. How often is each statement below true for you?

Find Your Style: **HOW DO YOU LEARN?**

	Often	Sometimes	Hardly Ever
1. I enjoy developing and making graphs and charts.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. I prefer to use posters and models or practice some activities in class.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. I need explanations of diagrams, graphs or visual directions.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. I enjoy working with my hands or making things.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. I can tell if sounds match when presented with pairs of sounds.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. I remember best by writing things down several times.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. I prefer information to be written on the chalkboard, with the use of visual aids.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. I follow spoken directions better than written ones.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. I feel the best way to remember something is to picture it in my head.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. I prefer listening to the news on the radio to reading it in a newspaper.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. I play with coins and keys in my pocket.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. I can better understand a news article by reading about it in the newspaper than by hearing it on the radio.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Give yourself points for each checkmark and add up the totals.

Often = 5 points

Sometimes = 3 points

Hardly ever = 1 point



Visual Learner

Question	Points
1	
7	
9	
12	
TOTAL	

Visual learners should look at all study materials and write things down as they learn.



Auditory Learner

Question	Points
3	
5	
8	
10	
TOTAL	

Auditory learners benefit from reading study materials aloud and sitting at the front of the class.



Tactile Learner

Question	Points
2	
4	
6	
11	
TOTAL	

Tactile learners learn by imitation and practice. Try acting out concepts or typing out your notes for repetition.

More activities online at LearnMoreIndiana.org/activities

